

## Dr Saurabh Misra

MS.,FICS, FIAGES Fellowship in Bariatric Surgery.,Mayo Clinic., Rochester.,MN USA., 30+ Years Experience

Dr Saurabh Misra is a top Surgical Gastroenterologist in Bangalore at Apollo Hospitals Bannerghatta Road. Book appointment online with Dr Saurabh Misra at Ask Apollo.

### Hospitals

Apollo Hospitals, Bannerghatta Road,

Doctor's Working Weekdays Mon-Sat Doctor's Working
Hours
10:00 -16:00

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### **Overview**

Dr. Saurabh Misra is a highly experienced Minimal Access/Surgical Gastroenterologist based in Bangalore, Karnataka, with over 30 years of expertise in the field. He possesses an extensive educational background, holding an MBBS, MS, and additional esteemed qualifications such as FICS and FIAGES. Further enhancing his credentials, Dr. Misra completed a Fellowship in Bariatric Surgery at the renowned Mayo Clinic in Rochester, MN, USA. This specialized training positions him as a leading authority in his field, with a keen focus on advanced surgical techniques that promote quicker recoveries and less invasive procedures.

Fluent in multiple languages including English, Hindi, Kannada, Punjabi, and Urdu, Dr. Misra is able to communicate effectively with a diverse patient population, ensuring a compassionate and comprehensive approach to healthcare. He is committed to providing personalized care, combining his depth of knowledge with modern technological advancements in gastroenterology.

Known for his patient-centric approach, Dr. Misra prioritizes understanding each patient's unique circumstances, guiding them through diagnosis and treatment options with clarity and empathy. His passion for minimally invasive procedures not only reduces patient recovery time but also minimizes post-operative discomfort.

As a focused practitioner in his specialty, Dr. Saurabh Misra continues to contribute to the field of surgical gastroenterology, participating in ongoing education and research to stay abreast of the latest advancements. His dedication to patient care and surgical excellence makes him a trusted choice for individuals seeking treatment in this specialized area.

# **Experience**

- Dr. Saurabh Misra is practicing Consultant Gastro-intestinal, Minimal Access (Laparoscopic surgery),
   metabolic and Bariatric surgeon at Apollo Hospitals in Bangalore since January 2007.
- Since 1998, he has been preforming Minimal Access surgery and has over 8000 independent
  laparoscopic surgeries to his credit which includes routine surgeries like laparoscopic cholecystectomy,
  laparoscopic appendectomies and laparoscopic hernia surgeries with expertise in advanced hernia care
  including other advanced surgeries like laparoscopic weight loss procedures (Bariatric surgeries),
  laparoscopic spleen, adrenal, hepato-biliary, pancreatic and anti-reflux surgeries.
- He represents South India on the executive council of the Hernia society of India.
- He is presently serving as the faculty for HSI( Hernia society of India ), APHS ( Asia Pacific hernia society ) and the AWR ( Abdominal wall repair) which is the international group dedicated to surgery of complex hernia repair and abdominal wall reconstruction. He also serves as a faculty for the OSSI( Obesity society of India ).
- He completed his MBBS from JLN Medical College, Ajmer before undergoing Masters in Surgery from Rabindra Nath Tagore Medical College at Udaipur, Rajasthan. He later underwent Advanced Laparoscopic training from the prestigious Sir Ganga Ram Hospital, New Delhi.He did his Bariatric surgery training from Mayo Clinic, at Rochester in Minnesota, USA, under Dr Jeff Thompson (Chairman, Surgery) in 2005.
- He was the Consultant and Head of the General and Minimal Access surgery Department at Apollo Hospitals, Goa and was the first surgeon to perform Obesity and other advanced laparoscopic surgeries in the state. He also served as Assistant Professor in Mahatma Gandhi National Institute of Medical Sciences at Jaipur and established the Minimal Access Department before joining the Global hospital and research centre (an institution run by the "Brahmakumaries") at Mount Abu as consultant and head, for a brief period.
- He developed a new form of Laparoscopic surgery known as 'SMILS' (Single site Multi Incision Laparoscopic Surgery), the paper in this regard was published in Journal of Minimal Access surgery in 2013. Further research in this field is under way.

- He has many papers in National and international Journals and conferences, the latest being:
   "Laparoscopic Right Adrenalectomy for Conns Syndrome" (the paper selected for "Vidyaranya best
   Video paper Award") at the South Zone ASI conference held at Bangalore FEB 2009.
- In 2010, he was invited for the round table hernia congress on mesh materials at Shanghai, China. (
   only 5 surgeons were invited from India)
- He was awarded Hon Fellowship for Asia Pacific Hernia Society. In 2011, appointed teaching faculty with Ethicon Surgery Training Institute as a consultant by Johnson and Johnson, USA.
- In 2014, he was invited for a Guest Lecture on Metabolic surgery at Hubli, organised by Karnataka Medical Association.
- In 2015, he was appointed as Proctor for teaching laparoscopic and Hernia surgery to upcoming surgeons by Medtronic, USA and in 2015 he was inducted as the Member EC, representing south zone for HSI (Hernia society of India)
- He conducted the PACE programme with Medtronic USA for young upcoming surgeons in Mumbai and at Bangalore in 2015. He was invited as a faculty for the Asia pacific hernia society in 2017 held at Kaohsiung, Taiwan.
- Since 2016, he is pioneering a technique known as (Laparoscopic) e-TEP Rives Stoppa repair (extended view totally extra peritoneal hernia repair) for Ventral hernia and has the highest number of such surgeries to his credit in India.
- This minimal access technique for hernia repair not only reduces the pain and expenses, it also repairs the abdominal wall, thereby strengthening the muscles of the abdomen and reducing back pain and ugly bulge of the abdomen which usually appears after the pregnancy. Dr Saurabh Misra has presented the papers regarding the above surgery at Tokyo, Japan in 2016, at New Delhi, 2017 and Kaohsiung, Taiwan in 2017 and AWR conference at Delhi in 2018. He served as a faculty in the AWR group at Kolkatta and IAGES, Bubaneshwer, in 2019.

## Membership

- Fellow of International college of surgeons
- Fellow of Indian association of Gastrointestinal Endosurgeons
- Life member, Asia Pacific Hernia Congress.
- Obesity society of India
- Bangalore Laparoscopic Group.
- Goa Medical councilASI Bangalore Chapter.
- He is a life member to Asia Pacific Hernia Congress. Member of Obesity society of India.

- Member of Bangalore Laparoscopic Group. Member of Goa Medical council.
- Member of ASI Bangalore Chapter.
- Member ASI, India.
- EC member , HSI ( Hernia society of India)
- Faculty: HSI (hernia society of India)
- faculty: AWR( Abdominal wall repair)
- Faculty: OSSI (Obesity society of India)
- Faculty: IAGES( Indian association of gastro-intestinal endosurgeons)

## **Awards**

- · Best outgoing student in post graduation
- 4 years experience in minimal access surgery, dealt with complicated cases
- Member of Bariatric surgery team headed by Dr. Prasanna Kumar Reddy

### Research and Publication

- He is the Fellow of International College of surgeons.
- He was honored Fellow of Indian association of Gastrointestinal Endo surgeons without an exam.
- He has more than 25 research papers presented at the national and international Conferences.
- His paper on "laparoscopic Adrenalectomy for Conn's syndrome" was awarded at the ASI conference in Bangalore.
- He also has four papers in indexed Journals to his credit on Minimally Access Surgery.

## **Frequently Asked Questions**

### 1. Where does Dr. Saurabh Misra practice?

Dr. Saurabh Misra consults at Apollo Hospitals, Bannerghatta Road. This hospital offers comprehensive healthcare services and top medical specialists.

#### 2. Who is Dr. Saurabh Misra?

Dr Saurabh Misra is a renowned Surgical Gastroenterologist with over 28 years of experience. He practices in Bangalore at Apollo Hospitals Bannerghatta Road. Dr Saurabh Misra holds a degree in

MS.,FICS, FIAGES Fellowship in Bariatric Surgery.,Mayo Clinic., Rochester.,MN USA.,. He provides treatments including piles-treatment, Pancreas Cancer Treatment, Rectum Cancer Treatment. He specializes in treating conditions like Hirschsprung S Disease, Piles, Gallbladder Stones.

#### 3. Why do patients choose Dr. Saurabh Misra?

Dr. Saurabh Misra is a leading specialist in Laparoscopic Surgery, Bariatric Surgery, and Gallbladder Surgery. Patients seek his expertise for these procedures.

#### 4. What is Dr. Saurabh Misra's specialization?

Dr Saurabh Misra specializes in Surgical Gastroenterology. He has expertise in treating conditions such as Hirschsprung S Disease, Piles, Gallbladder Stones. His key treatments include piles-treatment, Pancreas Cancer Treatment, Rectum Cancer Treatment.

#### 5. What are Dr. Saurabh Misra's medical qualifications?

Dr Saurabh Misra holds MS.,FICS, FIAGES Fellowship in Bariatric Surgery.,Mayo Clinic., Rochester.,MN USA.,, reflecting his comprehensive education in the field of Surgical Gastroenterology.

#### 6. How many years of experience does Dr. Saurabh Misra have?

Dr. Saurabh Misra has 28 years of experience in the medical field. His extensive career encompasses various medical practices.

### 7. Gastrointestinal Surgeon Consultation Cost in Bangalore?

The cost of a gastrointestinal surgeon consultation in Bangalore generally ranges from INR 550 to INR 1100. Fees may vary based on surgeon experience, clinic location, and available facilities. Please contact the hospital directly for precise pricing information.